



Welcome to a 12-week intensive like you've never experienced. Designed to help you clarify, design, simplify and amplify your own riding and horsemanship. It is the fastest path to positive results because we support you on a subconscious as well as on a conscious, strategic level.

## Over the 12 weeks, you will learn to:

**SHIFT YOUR MINDSET:** So you can see your riding through a whole new lens and find confidence and ease around your horse. We're going to use your riding as a vehicle to improve your overall sense of self trust and wellbeing.

**CLARIFY YOUR RIDING:** You'll learn our proprietary technique for getting clearer about how you move, what makes you unique, and how it makes so much sense to your horse and the results that you are striving for.

By getting more deeply intentional about the outcomes you create with your horse, you will be able to raise your confidence and create improved results for you and your horse. Side effects include a feeling of rebirth, falling in love with your riding in a way you never imagined, serving your horse at a level you've never dared and more.

**DESIGN YOUR RIDE:** Now that you have clarity around your true, pure movement, you will turn that into a well designed, irresistible process that your horse will THANK you for (even at places you never dared to ride before) Expect to hear from your horse, "You make me feel so good" and "I understand" a lot.

**RIDE WITH FLOW:** Use your new riding skills and your confidence flow to start riding your horse, who is excited to work, even when it's a windy, spooky day, because you both enter into a dialogue. Ride in a variety of contexts: In Hand, At Liberty, Under Saddle, Horsemanship, Classical Dressage, whatever your equine pursuit is.

You get access to our library of problem-solving techniques, functional movement development, exercises and lateral work for your horse.

**AMPLIFY:** Ride with excellence that stands out and grows the bond with your horse even deeper in a world full of dabblers who are addicted to being told what to do, piecemeal advice, and equine complexity. Turn each ride into the RIGHT ride for that day and place.

**START A MOVEMENT:** Harness the power of your horse's true movement in concert with your true movement patterns to fuel both of your results. Learn to understand your horse in a way that makes him/her become a willing partner.

Because after all, this was never really completely about you - this is about harmony with your horse and a communion that is everlasting - a partnership that positively affects all of the lives around you.

## Delivery:

- You have access to **recorded modules and PDFs**.
- **2 live Q&A/Mini-Workshop calls per week**
- **Private 1-on-1 lessons** We will kick off the program with a custom 1-on-1 session so we can get to the root of YOUR personal blocks and stories and give you the specific tools you need to release them. You will get a custom self-hypnosis recording that speaks to these particulars that you can continue to use long after the 12 weeks to help you break through fear, anxiety, dealing with unforeseen obstacles and everything else that bubbles to the surface as you step onto the saddle and play like you've never played on before.  
  
A fresh video is released every week that matches what we're learning to help you develop your mindset and proactively deal with any fears/concerns that come up as we do the work.
- **24/7 access to 1-on-1 helpdesk support:** You submit questions and your completed homework assignments to our helpdesk and get written feedback (and video feedback) from a technique perspective, a mindset perspective, or any question you need answered (depending on the content of your ticket).
- **Visualization and hypnotic suggestion audios** to help you get your subconscious fully on board and break through any negative programming that's holding you back.
- You get to keep lifetime access to all audios, templates and videos and all updates we make.
- **Private lessons** where you get detailed, specific help with whatever you are working on with your horse.
- You have **12 weeks of powerful support on multiple levels** via the live calls, private lessons, helpdesk, and private FB group. Instead of a grab bag of "tricks" you get a mapped-out system that you can trust to get you to the level of abundance you have set as a goal for yourself and your horse. You must promise to show up fully and do the work.
- Ask for all the help you need - much of the magic in this program is the customized support you get as you learn these new skills, strategies and ways of thinking and moving and riding.
- Once you've mastered the system, you're in a position to double, triple, quadruple your results and partnership with your horse based on what you believe is possible for you (which will be bigger than what you can dream up right now).

### **This program isn't for everyone.**

It is designed for riders who are 100% committed to their own success. Those who are resourceful and decisive and open to learning new ways to imagine the possibilities.

You **MUST** show up committed and coachable and follow the system.

For our end of the partnership, we will provide you with a proven system, a framework that's simple to follow and implement, and deep ongoing support for you and your horse.

If you have any questions, don't hesitate to reach out by [clicking here](#)

